



MINDFUL THERAPIES

Therapy Services Fee Agreement

Mindful Therapies is a private fee-for service mental health clinic. Unfortunately, our services are not covered by the provincial health care system. Many extended (personal insurance) health care plans offer funding for private psychotherapy services. Please ask our administrative staff if you have questions regarding our direct billing.

CANCELLATION POLICY: We require notice of 1 full business day to be given for any appointment cancellation. This allows sufficient notice for us to re-fill the appointment. The fee for a late cancel is the FULL session fee. If you cancel with less than 1 business day's notice, but we **are** able to fill your appointment spot, you will NOT be charged.

Please Note:

- Insurance companies most often **DO NOT** provide coverage for missed or cancelled appointments. Therefore, it is the responsibility of the client to pay for the missed or late cancelled appointment (at full charge of the session scheduled).
- It is the responsibility of the client to understand the nature and duration of their insurance policy as we have no access to this personal information.
- For Monday appointments, a late cancel is considered any notice received after 3pm on the previous Friday afternoon (again to allow for a chance to fill your spot by our team).
- Email reminders are sent out with 48-hour advance notice to allow clients time to cancel if needed.

Our session fees vary based on the type of service and service length you receive. Our fee structure is as follows:

Psychology: Individual Visits (50 minutes) \$225.00

Social Work: Individual Visits (50 minutes) \$160.00

Couples/Family Visits (75 minutes) \$240.00

Group Therapy: Varies based on number of sessions, session length and facilitator(s).

Administrative Fees: Any time spent by clinicians filling out paperwork (for insurance), writing letters, or consulting on the phone regarding your care is billed at their standard clinician rate per hour. Time spent by administrative staff faxing, preparing files or the like is billed at a rate of \$50.00/hour.

Thank you very much for your understanding of this important policy. Please ask any questions you may have of this policy before you go ahead and sign below.

By signing this form, I indicate that I have read, understood and agree to the terms of this form.

Client Signature

Name Printed

Date